

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>*Special Events</p> 		<p>9:00-Daily Read 1 10:00-Let's Bake: Sugar Cookies 11:00-Zumba 12:00-Meal Companion 1:45-Walking Club 2:15-DIY Fall Felt Garland 3:00-Let's Play Cards 5:00-Would You Rather?</p>	<p>9:00-Daily Read 2 10:00-Musicals Sing Along 11:00-Exercise 12:00-Meal Companion 1:45-Walking Club 2:15-Balloon Volleyball 2:30-Caring Canines Visit 3:00-Bingo</p>	<p>9:00-Daily Read 3 10:00-Let's Make: Pudding Parfaits 11:00-Chair Yoga 12:00-Meal Companion 1:45-Walking Club 2:15-Drum Circle with Rob 3:00-Nails & Spa Time 5:00-Royal Wedding and Refreshments</p>	<p>9:00-Daily Read 4 10:00-Catholic Mass with Father Moe 11:00-Exercise 12:00-Meal Companion 2:00-Entertainment with Alan Hall 3:00-Travel to Boston</p> 	<p>9:45-Chronicles 5 10:00-Monthly Gazette and IQ Trivia 12:00-Meal Companion 1:00-Simon Says</p>	
<p>8:00-Catholic Mass on Your TV (CH33) 6 9:45-Chronicles 10:00-Inspirational Reading/Rosary 12:00-Meal Companion 1:00-Tupperware Reminisce <small>Daylight Saving Time Ends</small></p>	<p>9:00-Daily Read 7 10:00-Exercise 11:00-Music Trivia 12:00-Meal Companion 2:15-Name Bingo 3:00-Noodle Hockey</p>	<p>9:00-Daily Read 8 10:00-Let's Bake: Crock Pot Apple Cobbler 11:00-Zumba 12:00-Meal Companion 1:45-Walking Club 2:15-Fall Leaves Craft 3:00-Let's Play Uno 5:00-New England Trivia</p>	<p>9:00-Daily Read 9 10:00-Romance and Ragtime Sing Along 11:00-Exercise 12:00-Meal Companion 1:45-Walking Club 2:15-Watercolor Painting 3:00-Bingo Happy Birthday Mary S!</p>	<p>9:00-Daily Read 10 10:00-Let's Bake: Pumpkin Chocolate Chip Cookies 11:00-Chair Yoga 12:00-Meal Companion 1:45-Walking Club 2:15-Nails & Spa Time 3:00-Church Service 5:00-Pink Panther Movie</p>	<p>9:00-Daily Read 11 10:00-World War II Trivia 11:00-Exercise 12:00-Meal Companion 2:15-Owls and Their Calls by VINS 3:00-Travel to Connecticut <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>9:45-Chronicles 12 10:00-Big Picture Game 12:00-Meal Companion 1:00-Name 5 Happy Birthday Mary D!</p>	
<p>8:00-Catholic Mass on Your TV (CH33) 13 9:45-Chronicles 10:00-Inspirational Reading/Rosary 12:00-Meal Companion 1:00-This or That</p>	<p>9:00-Daily Read 14 10:00-Exercise 11:00-Name That Tune 12:00-Meal Companion 2:00-Entertainment with Mark Harding 3:00-Leaf Bingo</p>	<p>9:00-Daily Read 15 10:00-Scenic Drive 11:00-Zumba 12:00-Meal Companion 1:45-Walking Club 2:15-Beaded Indian Corn 3:00-Cornhole 5:00-Let's Play Yahtzee</p>	<p>9:00-Daily Read 16 10:00-Autumn Sing Along 11:00-Exercise 12:00-Meal Companion 1:45-Walking Club 2:15-Flyswatter Tennis 3:00-Bingo</p>	<p>9:00-Daily Read 17 10:00-Slow Cooker Pumpkin Hot Chocolate 11:00-Chair Yoga 12:00-Meal Companion 1:45-Walking Club 2:15-Nails & Spa Time 3:00-Movie Time 5:00-Balloon Volleyball</p>	<p>9:00-Daily Read 18 10:00-Listen and Learn: The Beach Boys 11:00-Exercise 12:00-Meal Companion 2:15-Let's Make Smoothies 3:00-Travel to New Hampshire Lakes Happy Birthday Bonnie!</p>	<p>9:45-Chronicles 19 10:00-Matching Game 12:00-Meal Companion 1:00-Knotter's Club</p>	
<p>8:00-Catholic Mass on Your TV (CH33) 20 9:45-Chronicles 10:00-Inspirational Reading/Rosary 12:00-Meal Companion 1:00-Thanksgiving Humor</p>	<p>9:00-Daily Read 21 10:00-Exercise 11:00-Finish the Lyrics 12:00-Meal Companion 2:15-Ice Cream Sundae Social 3:00-Thanksgiving Bingo</p>	<p>9:00-Daily Read 22 10:00-Pumpkin Pie Dip 11:00-Zumba 12:00-Meal Companion 1:45-Walking Club 2:15-Wine Cork Turkeys 3:00-Thanksgiving Categories 5:00-Let's Watch "Peanuts" Thanksgiving Specials</p>	<p>9:00-Daily Read 23 10:00-Hymn Sing Along 11:00-Exercise 12:00-Meal Companion 1:30-Entertainment with Coonie 2:15-Balloon Volleyball 3:00-Bingo</p>	<p>9:45-Daily Read 24 10:00-Macy's Parade Social 12:00-Meal Companion 1:00-Turkey Toss  <small>Thanksgiving Day (US)</small></p>	<p>9:00-Daily Read 25 10:00-All About Frankie Valli 11:00-Exercise 12:00-Meal Companion 2:15-The Price is Right 3:00-Travel to Rhode Island</p>	<p>9:45-Chronicles 26 10:00-Drama Club 12:00-Meal Companion 1:00-Shopping Mad Libs</p>	
<p>8:00-Catholic Mass on Your TV (CH33) 27 9:45-Chronicles 10:00-Inspirational Reading/Rosary 12:00-Meal Companion 1:00-Who/What Am I?</p>	<p>9:00-Daily Read 28 10:00-Exercise 11:00-Name That Tune 12:00-Meal Companion 2:15-Ornament Bingo 3:00-DIY Candy Cane Ornaments Happy Birthday Bill!</p>	<p>9:00-Daily Read 29 10:00-Communion Service 11:00-Zumba 12:00-Meal Companion 1:45-Walking Club 2:15-Let's Make an Advent Calendar 3:00-Mini Basketball 5:00-Hot Chocolate Bar</p>	<p>9:00-Daily Read 30 10:00-Oldies Sing Along 11:00-Exercise 12:00-Meal Companion 1:45-Walking Club 2:15-Random Trivia 3:00-Bingo</p>	 <p>November 2022 The Meadows-Special Care Unit</p>			