Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:00- Daily Read 10:00- Let's Make Bookmarks 11:00- Exercise 12:00- Meal Companion 2:00- The History of April Fools' Day 3:00- Bingo	9:00- Daily Read 10:00- Let's Play Hangman 11:00- Dance Fitness 12:00- Meal Companion 2:00- Spring Match-Up 3:00- 6- Cup Game 4:00- April Gazette & Fun Facts	9:00- Daily Read 10:00- April Dot-To-Dot 11:00- Exercise 12:00- Meal Companion 2:00- Caring Canines Visit 3:00- Bingo 4:00-Afternoon Movement	3 9:00- Daily Read 10:00- Guess in 10 11:00- Chair Yoga 12:00- Meal Companion 2:00- Let's Make Salted Chocolate Caramel Pretzels 3:00- Nails & Manicures 4:00- Travel to Key West, Florida	10:00- Catholic Mass with Father	9:45- Daily Read 10:00- Spring Garden Craft 12:00- Meal Companion 1:00- Canopy Game Happy Birthday Judge!	6
9:45- Daily Read 10:00- Hymn Sing Along 12:00- Meal Companion 1:00- Tin Can Toss	9:00- Daily Read 10:00- Pointillism Art 11:00- Exercise 12:00- Meal Companion 2:00- Bingo 3:00- Eclipse Social8	10:00- SS Words 11:00- Dance Fitness 12:00- Meal Companion 2:00- Let's Make Cinnamon Croissants 3:00- Let's Play Uno 4:00- Let's Watch Abbott & Costello	10:00- Tissue Paper Flowers 11:00- Exercise 12:00- Meal Companion 2:00- Pittsford Congregational Church Service 3:00- Bingo 4:00-Afternoon Movement Happy Birthday Karen! Happy Birthday Barbara K!	 10:00- April Match-Up 11:00- Chair Yoga 12:00- Meal Companion 2:00- Let's Make Peach Cobbler Cookies Cups 3:00- Nails & Manicures 4:00- Travel To Santa Fe, New Mexico 	 10:00- Let's Make Spring Wreaths 11:00- Exercise 12:00- Meal Companion 2:00- April Detective 3:00- The Andrews Sisters Sing Along 	9:45- Daily Read 10:00- Therapeutic Art 12:00- Meal Companion 1:00- Tabletop Shuffleboard	13
9:45- Daily Read 1 10:00- Rosary 12:00- Meal Companion 1:00- Flyswatter Tennis	 9:00- Daily Read 15 10:00- Spring Tree Craft 11:00- Exercise 12:00- Meal Companion 2:00- Monthly Birthday Celebration 3:00- Bingo 	9:00- Daily Read 10:00- Opposite Words Game 11:00- Dance Fitness 12:00- Meal Companion 2:00-Canvas Art 3:00- Card Game Time 4:00- Titanic Remembrance	9:00- Daily Read 10:00- Ring Toss 11:00- Exercise 12:00- Meal Companion 2:00- Let's Make Spring Flower Cookies 3:00- Bingo 4:00-Afternoon Movement Happy Birthday Sara!	 17 9:00- Daily Read 10:00- Spring Categories 11:00- Chair Yoga 12:00- Meal Companion 2:00- Let's Make Eggo Ice Cream Sandwiches 3:00-Grace Congregational Church Service 4:00- Nails & Manicures 	 10:00- Cherry Blossom Craft 11:00- Exercise 12:00- Meal Companion 2:00- Large Puzzles 3:00- Loretta Lynn Sing Along 	9:45- Daily Read 10:00- Bead Craft Time 12:00- Meal Companion 1:00- Memory Match	20
9:45- Daily Read 2 10:00- Hymn Sing 12:00- Meal Companion 1:00- April Puzzles	10:00- Straw Painted Flowers 11:00- Exercise 12:00- Meal Companion 2:00- Let's Make Earth Day Parfaits 3:00- Bingo Passover Begins	9:00- Daily Read 23 10:00- Guess That Sound 11:00- Dance Fitness 12:00- Meal Companion 2:00- Passover Word Games 3:00- Let's Play Uno 4:00- Spring Reminiscing	 10:00- Yarn Wrapping Craft 11:00- Exercise 12:00- Meal Companion 2:00- Spring Floral Arrangements 3:00- Bingo 4:00-Afternoon Movement 	24 9:00- Daily Read 10:00- Words that Start with La 11:00- Chair Yoga 12:00- Meal Companion 2:00- Dipped Spring Oreos 3:00-Nails & Manicures 4:00-Through the Years: Telephones	10:00- Communion Service with Deacon Mike 11:00- Exercise 12:00- Meal Companion 2:00- Watercolor Painting 3:00- Barbara Streisand Sing Along	9:45- Daily Read 10:00- Would You Rather 12:00- Meal Companion 1:00- Balloon Volleyball	27
10:00- Rosary 12:00- Meal Companion 1:00- April Word Games	Earth Day 8 9:00- Daily Read 29 10:00- Bottle Cap Craft 11:00- Exercise 12:00- Meal Companion 2:00-Music with Bob Recupero 3:00- Bingo	11:00- Name S Game 11:00- Dance Fitness 12:00- Meal Companion 2:00- Let's Make Funfetti Cake Dip 3:30- Music with Resolution		The Meadows-	Arbor Day 2024 Special Care Unit		

The Meadows at East Mountain- 240 Gables Place, Rutland VT *ALL ACTIVITES ARE SUBJECT TO CHANGE *ALL OUTDOOR ACTIVITIES ARE SUBJECT TO CHANGE