

Sunday

Monday

Tuesday

Wednesday

Thursday

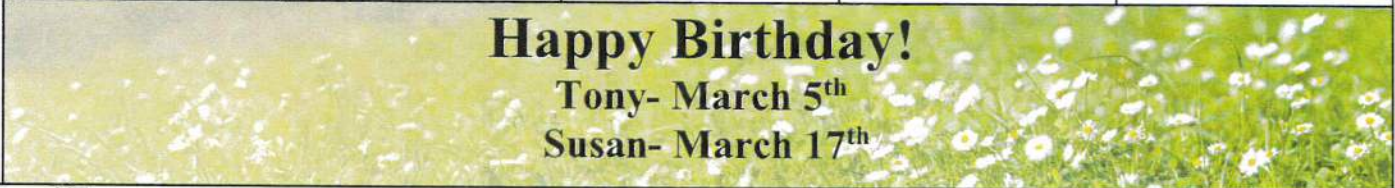
Friday

Saturday



March 2025

Special Care Unit

8:00- Catholic Mass on Your TV (33) 10:00- Religious Art 12:00- Meal Companion 1:00- Let's Play Horseshoes	2	9:00- Daily Read 10:00- Exercise 11:00- Nails & Manicures 12:00- Meal Companion 1:30- Mardi Gras Masks 3:00- BINGO	3	9:00- Daily Read 10:00- Zumba 11:00- Shamrock Craft 12:00- Meal Companion 1:30- Mardi Gras Matchup 3:00- Mardi Gras Social <small>Mardi Gras</small>	4	9:00- Daily Read 10:00- Exercise 11:00- Football Toss 12:00- Meal Companion 2:00- Caring Canines 3:00- BINGO	5	9:00- Daily Read 10:00- Zumba 11:00- Let's Play Cards 12:00- Meal Companion 1:30- Watercolor Painting 3:00- ABC Game	6	9:00- Daily Read 10:00- Exercise 12:00- Meal Companion 1:30- Paddy's Hat Toss 3:00- BINGO	7	9:45- Daily Read 10:00- Morning Stretches 12:00- Meal Companion 1:00- I Spy- Find the Lion	1
8:00- Catholic Mass on Your TV 10:00- Religious Art 12:00- Meal Companion 1:00- Lucky 7 Dice Game <small>Daylight Saving Time Begins</small>	9	9:00- Daily Read 10:00- Exercise 11:00- Nails & Manicures 12:00- Meal Companion 1:30- Lucky Charms Mix 3:00- BINGO	10	9:00- Daily Read 10:00- Flowing Exercise 11:00- Leprechaun Craft 12:00- Meal Companion 1:30- Noodle Hockey 3:00- Beaded Ornaments	11	9:00- Daily Read 10:00- Exercise 11:00- Coloring Craft 12:00- Meal Companion 1:30- Random Trivia 3:00- BINGO	12	9:00- Daily Read 10:00- Flowing Exercise 11:00- Purim Craft 12:00- Meal Companion 1:30- Pittsford Church 3:00- Shamrock Shakes <small>Purim Begins</small>	13	9:00- Daily Read 10:00- Exercise 11:00- Patrick's Hat Toss 12:00- Meal Companion 1:30- Art Match Game 3:00- BINGO	14	9:45- Daily Read 10:00- Morning Stretches 12:00- Meal Companion 1:00- St. Patrick's Day Riddles	15
8:00- Catholic Mass on Your TV 10:00- Religious Art 12:00- Meal Companion 1:00- Tabletop Shuffleboard	16	9:00- Daily Read 10:00- Exercise 11:00- Nails & Manicures 12:00- Meal Companion 1:30- BINGO 3:00- St. Paddy's Social <small>St. Patrick's Day</small>	17	9:00- Daily Read 10:00- Scenic Bus Trip 11:00- Chair Yoga 12:00- Meal Companion 1:30- Let's Play Uno 3:00- Cheese Bread Social	18	9:00- Daily Read 10:00- Exercise 11:00- 50's Greatest Songs 12:00- Meal Companion 1:30- Table Ping Pong 3:00- BINGO	19	9:00- Daily Read 10:00- Chair Yoga 11:00- Fly Swatter Tennis 12:00- Meal Companion 2:00- Music By Mark H. 3:00- Grace Church <small>Spring Begins</small>	20	9:00- Daily Read 10:00- Exercise 11:00- Mini Basketball 12:00- Meal Companion 1:30- Would You Rather? 3:00- BINGO	21	9:45- Daily Read 10:00- Morning Stretches 12:00- Meal Companion 1:00- Card Matching Game	22
8:00- Catholic Mass on Your TV 10:00- Religious Art 12:00- Meal Companion 1:00- Celebrity Spotlight- Charlie Chaplin	23	9:00- Daily Read 10:00- Exercise 12:00- Meal Companion 11:00- Nail & Manicures 1:30- Floral Arrangements 3:00- BINGO	24	9:00- Daily Read 10:00- Dance Fitness 11:00- Let's Bake Cookies 12:00- Meal Companion 1:30- Wild Kingdom- TV 3:00- Tea & Cookie Social	25	9:00- Daily Read 10:00- Exercise 11:00- Button Craft 12:00- Meal Companion 1:30- Lasso the Cow 3:00- BINGO	26	9:00- Daily Read 10:00- Dance Fitness 11:00- Group Puzzle 12:00- Meal Companion 1:30- Spring A-Z 3:00- Mini Basketball	27	9:00- Daily Read 10:00- Exercise 12:00- Meal Companion 1:30- Sugar on Snow 3:00- BINGO	28	9:45- Daily Read 10:00- Morning Stretches 12:00- Meal Companion 1:00- Hangman	29
8:00- Catholic Mass on Your TV 10:00- Religious Art 12:00- Meal Companion 1:00- Tin Can Toss	30	9:00- Daily Read 10:00- Exercise 12:00- Meal Companion 11:00- Nails & Manicures 1:30- Yam Art Craft 3:00- BINGO	31	 <h2 style="text-align: center;">Happy Birthday!</h2> <p style="text-align: center;">Tony- March 5th Susan- March 17th</p>									

The Meadows at East Mountain- 240 Gables Place, VT

* All activities subject to change