

# March 2025

## Traditional Care Unit

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:00- Chronicles 9:30- Morning Stretches 11:00- Soccer 1:45- March Trivia 2:45- Saturday Matinee: Diana the Musical (2021)
8:00- Catholic Mass on Your TV (CH 33) 9:00- Chronicles 11:00- Inspirational Reading and Devotions 2:00- BINGO	9:00- Chronicles 10:00- Morning Exercise 11:00- Mardi Gras Mask 2:00- Bead Scavenger Hunt- Win Bingo Bucks! 3:00- Lyric Recall	9:00- Chronicles 10:00- Power Hour 11:00- History of Vermont 2:00- Wii Bowling Game <b>3:00- Mardi Gras Social</b> <b>6:00- Walk The Line (05)</b> <small>Mardi Gras</small>	9:00- Chronicles 9:30- Rosary 10:00- Morning Exercise 11:00- Archery <b>2:00- Caring Canines</b> 3:00- BINGO	9:00- Chronicles 10:00- Chair Yoga 11:00- Sing-along 2:00- Who am I? 3:00- Daylight Savings Time Jokes	9:00- Chronicles 10:00- Morning Exercise <b>11:00- Catholic Mass</b> 1:45- BINGO 2:45- Love me Tender (1956)	9:00- Chronicles 9:30- Morning Stretches 11:00- Misconceptions 1:45- All Woman (IWD) 2:45- Saturday Matinee: Bachelor Mother (1939)
8:00- Catholic Mass on Your TV (CH 33) 9:00- Chronicles 11:00- Inspirational Reading and Devotions 2:00- BINGO  <small>Daylight Saving Time Begins</small>	9:00- Chronicles 10:00- Morning Exercise 11:00- St. Patrick's Day Headbanz 2:00- Lasso the Cow 3:00- Lucky Charms Mix	9:00- Chronicles 10:00- Power Hour 11:00- Word Unscramble 2:00- St. Patrick's Day Riddles 3:00- Nails & Manicures	9:00- Chronicles 9:30- Rosary 10:00- Morning Exercise 11:00- Clover Chalk Art 2:00- Shamrock Decor 3:00- BINGO	9:00- Chronicles 10:00- Elvis Exercise 11:00- Lucky Pot O' Gold <b>2:00- Pittsford</b> <b>Congregational Church</b> 3:00- Story of Purim <small>Purim Begins</small>	9:00- Chronicles 10:00- Morning Exercise 11:00- BINGO 1:30- Floral Arrangements 2:45- Friday Film Buffs: Magnificent Seven (1960)	9:00- Chronicles 9:30- Morning Stretches 11:00- Green Darts 1:45- Word Unscramble 2:45- Saturday Matinee: Dancing at Lughnasa (94)
8:00- Catholic Mass on Your TV (CH 33) 9:00- Chronicles 11:00- Inspirational Reading and Devotions 2:00- St. Patrick's BINGO	9:00- Chronicles 10:00- Morning Exercise 11:00- Paddy's Scramble 2:00- Patrick's Hat Toss 3:00- St. Patrick's Day Party <small>St. Patrick's Day</small>	9:00- Chronicles 10:00- Power Hour 11:00- Team Basketball <b>2:00- Grief Group</b> 3:00- Family Feud <b>6:00- Evening Bingo</b>	9:00- Chronicles 9:30- Rosary 10:00- Morning Exercise 11:00- Resident Council <b>2:00- Bingo Bucks</b> 3:00- BINGO	9:00- Chronicles <b>10:00- Scenic Bus Trip</b> 11:00- Spring Tree Art <b>2:00- Music by Mark H.</b> <b>3:00- Grace</b> <b>Congregational Church</b> <small>Spring Begins</small>	9:00- Chronicles 10:00- Morning Exercise 11:00- Change My Mind 1:45- BINGO 2:45- Friday Film Buffs: The Last Keepers (2013)	9:00- Chronicles 9:30- Morning Stretches 11:00- Scattergories 1:45- Balloon Volleyball 2:45- Saturday Matinee: Peanut Butter Falcon 2019
8:00- Catholic Mass on Your TV (CH 33) 9:00- Chronicles 11:00- Inspirational Reading and Devotions 2:00- BINGO	9:00- Chronicles 10:00- Morning Exercise 11:00- Balloon Darts 2:00- "Roll a 7" Game <b>3:00- Monthly Birthday</b> <b>Celebration</b>	9:00- Chronicles 10:00- Power Hour 11:00- Let's Play Yahtzee 2:00- Nails & Manicures 3p- Walking Club <b>6p- B&amp;J Ice Cream Social</b>	9:00- Chronicles 9:30- Rosary 10:00- Morning Exercise 11:00- Let's Play Bridge <b>2:00- Cook with Norm</b> 3:00- BINGO	9:00- Chronicles 10:00- Chair Yoga 11:00- Baseball Trivia 2:00- Stained Glass Butterfly Art 3:00- Cheese & Wine	9:00- Chronicles <b>10:00- Communion with</b> <b>Deacon Bob</b> 11:00- Morning Exercise 1:45- BINGO 2:45- The Music Man (62)	9:00- Chronicles 9:30- Morning Stretches 11:00- Guess in Ten 1:45- Ring Challenge 2:45- Lost on a Mountain in Maine (2024)
8:00- Catholic Mass on Your TV (CH 33) 9:00- Chronicles 11:00- Inspirational Reading and Devotions 2:00- BINGO	9:00- Chronicles 10:00- Morning Exercise 11:00- Oregon Train Trail 2:00- Who Knows Geography Better? 3:00- Guided Painting	<h1>Happy Birthday!</h1> <p><b>Edward (Coach)- March 4<sup>th</sup></b> <b>Olga March- 9<sup>th</sup></b></p> <p><b>Sandra- March 22nd</b> <b>Nancy- March 29th</b></p>				

The Meadows at East Mountain-240 Gables Place, VT

\* All Activities are subject to change