

| Sunday                                                                                                                                                                                                   | Monday                                                                                                                                                                   | Tuesday                                                                                                                                                                 | Wednesday                                                                                                                                           | Thursday                                                                                                                                                                      | Friday                                                                                                                                                          | Saturday                                                                                                                                                                  |
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| <div>Happy Birthday!<br/>Mary Lou- May 7<sup>th</sup><br/>Doris- May 7<sup>th</sup><br/>Gloria- May 10<sup>th</sup></div> <div>May 2025</div> <div>Traditional Care Unit</div>                           |                                                                                                                                                                          |                                                                                                                                                                         |                                                                                                                                                     | 9:00- Chronicles<br>10:00- Chair Yoga<br>11:00- Kentucky Derby Fashion in History<br>2:00- Guess in Ten<br>3:00- Make Your Own Kentucky Derby Hat<br><small>May Day</small>   | 9:00- Chronicles<br><b>10:00- Catholic Mass with Father Bernie</b><br>11:00- Morning Exercise<br>1:45- BINGO<br>2:45- Friday Film Buffs: A Knight's Tale (2001) | 9:00- Chronicles<br>9:30- Morning Stretches<br>11:00- Team Horseshoes Competition<br><b>1:30- Kentucky Derby Party- Wear Your Hats</b>                                    |
| 8:00- Catholic Mass on Your TV (CH 33)<br>9:00- Chronicles<br>11:00- Inspirational Reading & Devotions<br>2:00- BINGO                                                                                    | 9:00- Chronicles<br>10:00- Morning Exercise<br>11:00- Paper Flower Decorations<br>2:00- Piñata<br><b>3:00- Cinco de Mayo Fiesta</b><br><small>Cinco de Mayo</small>      | 9:00- Chronicles<br>10:00- Power Hour<br>11:00- Ancient Americans<br>2:00- Kite Door Decor<br>3:00- Bird Watching<br><b>6:00- Late Night Movie: Sister Act 2 (1993)</b> | 9:00- Chronicles<br>9:30- Rosary<br>10:00- Morning Exercise<br><b>11:00- Rob Zollman on the Drums</b><br><b>2:30- Caring Canines</b><br>3:00- BINGO | 9:00- Chronicles<br>10:00- Zumba<br>11:00- Invention Game<br><b>2:00- Pittsford Congregational Church</b><br>3:00- "Off Topic" Party Game                                     | 9:00- Chronicles<br>10:00- Morning Exercise<br>11:00- Mother's Day Word Mining<br>1:45- BINGO<br>2:45- Friday Film Buffs: Dreamer (2005)                        | 9:00- Chronicles<br>9:30- Morning Stretches<br><b>11:00- Fresh Floral Arrangements</b><br>1:45- Hangman<br>2:45- Saturday Matinee: Secretariat (2010)                     |
| 8:00- Catholic Mass on Your TV (CH 33)<br>9:00- Chronicles<br><b>11:00- Mimosas &amp; Roses Mother's Day Social</b><br>2:00- BINGO<br><small>Mother's Day<br/>National Skilled Nursing Care Week</small> | 9:00- Chronicles<br>10:00- Morning Exercise<br>11:00- Make Your Own Pinwheel<br>2:00- Bean Bag Bocce<br>3:00- Let's Play Rabble                                          | 9:00- Chronicles<br>10:00- Power Hour<br>11:00- 5 Minute Mysteries<br>2:00- Apple Pie Mosaic<br>3:00- Beings & Ends With<br><b>6:00- Wildlife Moments</b>               | 9:00- Chronicles<br>9:30- Rosary<br>10:00- Morning Exercise<br>11:00- Mysteries of The Great Lakes<br>2:00- Let's Play Bridge<br>3:00-BINGO         | 9:00- Chronicles<br>10:00- Free Flowing Exercise<br>11:00- Spelling Bee<br>2:00- Fishing Trivia<br><b>3:00- Grace Congregational Church</b>                                   | 9:00- Chronicles<br>10:00- Morning Exercise<br>11:00- Hand of Peace Art<br>1:45- BINGO<br>2:45- Friday Film Buffs: Edie (2017)<br><b>Wear Purple for Peace!</b> | 9:00- Chronicles<br>9:30- Morning Stretches<br>11:00- Headbanz<br>1:45- Mini Golf<br>2:45- Saturday Matinee: Outlaw Josie Wales (1976)<br><small>Armed Forces Day</small> |
| 8:00- Catholic Mass on Your TV (CH 33)<br>9:00- Chronicles<br>11:00- Inspirational Reading & Devotions<br>2:00- BINGO                                                                                    | 9:00- Chronicles<br>10:00- Morning Exercise<br>11:00- Who Am I?<br>2p- Meadows Auction House<br>3:00- Queen Victoria Word Mining<br><small>Victoria Day (Canada)</small> | 9:00- Chronicles<br>10:00- Power Hour<br>11:00- Niagara Oh No! Game<br><b>2:00- Grief Group</b><br>3:00- Mad Libs<br><b>6:00- Evening BINGO</b>                         | 9:00- Chronicles<br>9:30- Rosary<br>10:00- Morning Exercise<br>11:00- Resident Council<br><b>2:00- Bingo Bucks</b><br>3:00- BINGO                   | 9:00- Chronicles<br>10:00- Chair Yoga<br>11:00- Sea Glass Bird Art<br><b>2:00- Music by Mark H.</b><br>3:15- Join Our Play: The Uninvited Guest & Chef Wanted at Chez Herbert | 9:00- Chronicles<br>10:00- Morning Exercise<br>11:00- Who am I?<br>1:45- BINGO<br>2:45- Friday Film Buffs: The Greatest Showman (2017)                          | 9:00- Chronicles<br>9:30- Morning Stretches<br>11:00- Large Puzzle<br>1:45- Flower Trivia<br>2:45- Saturday Matinee: Turner and Hooch (1989)                              |
| 8:00- Catholic Mass on Your TV (CH 33)<br>9:00- Chronicles<br>11:00- Inspirational Reading & Devotions<br>2:00- BINGO                                                                                    | 9:00- Chronicles<br>10:00- Morning Exercise<br><b>11:00- Honoring Our Heroes</b><br>2:00- Scavenger Hunt<br>3:00- A Poppy to Remember<br><small>Memorial Day</small>     | 9:00- Chronicles<br>10:00- Power Hour<br>11:00- Old Wives' Tales<br><b>1:30- Ben &amp; Jerry's Ice Cream Social</b><br>3:00- Geography Challenge                        | 9:00- Chronicles<br>9:30- Rosary<br>10:00- Morning Exercise<br>11:00- Celebrity Spotlight<br>2:00- BINGO<br>3:00- Walking Club                      | 9:00- Chronicles<br>10:00- Zumba<br>11:00- Water Color Painting<br>2:00- Ladder Toss<br>3:00- Storytelling Through Song                                                       | 9:00- Chronicles<br>10:00- <b>Communion with Deacon Bob</b><br>11:00- Morning Exercise<br>1:45- BINGO<br>2:45- Friday Film Buffs: Emma (2020)                   | 9:00- Chronicles<br>9:30- Morning Stretches<br>11:00- Dominos<br>1:45- Floor Hockey<br>2:45- Saturday Matinee: The Last Laugh (2019)                                      |

The Meadows at East Mountain- 240 Gables Place, Rutland VT 05701

\*All activities subject to change