

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30- News Stories 1 10:00- Exercise 11:00- Flower Painting 12:00- Meal Companion 1:30- Exercise 3:00- BINGO Labor Day	9:30- News Stories 2 10:00- Wake up Zumba 11:00- ABC Game 12:00- Meal Companion 1:30- Crafty Owl 3:00- Hot or Cold Game	9:30- News Stories 3 10:00- Exercise 11:00- Charades 12:00- Meal Companion 1:30- Easy Trivia 3:15- BINGO	9:30- News Stories 4 10:00- Zumba 11:00- Foil Fun Animals 12:00- Meal Companion 1:30- Hangman 3:00- NFL Kickoff Social	9:30- News Stories 5 10:00- Catholic Mass with Father John 11:00- Exercise 12:00- Meal Companion 1:30- Pipe Cleaner Art 3:00- BINGO	9:30- News Stories 6 10:00- Morning Stretches 12:00- Meal Companion 1:00- Movie Time
	8:00- Catholic Mass on your TV (CH 33) 7 10:00- Hymn Sing- Along 12:00- Meal Companion 1:00- Lucky 7 Dice Game Grandparents Day	9:30- News Stories 8 10:00- Exercise 11:00- Nails & Manicures 12:00- Meal Companion 1:30- Let's Play Dominos 3:00- BINGO	9:30- News Stories 9 10:00- Dance Fitness 11:00- Card Games 12:00- Meal Companion 2:00- Pittsford Cong. 3:00- Craft- Fashion of the 1920s	9:30- News Stories 10 10:00- Exercise 11:00- Purple and Green Leaf Art 12:00- Meal Companion 1:30- Tic Tac Throw 3:00- BINGO	9:30- News Stories 11 10:00- Chair Yoga 11:00- Football Toss 12:00- Meal Companion 1:00-3:00 The Meadows Golf Tournament 3:15- Par- Tee Time	9:30- News Stories 12 10:00- Exercise 11:00- Country Music Sing- Along 12:00- Meal Companion 1:30- Lasso the Cow 3:00- BINGO
	8:00- Catholic Mass on your TV (CH 33) 14 10:00- Hymn Sing- Along 12:00- Meal Companion 1:00- Bean Bag Toss	9:30- News Stories 15 10:00- Exercise 11:00- Nails & Manicures 12:00- Meal Companion 1:30- BINGO 3:00- Monthly Birthday Celebration	9:30- News Stories 16 10:00- Flowing Exercise 11:00- Categories 12:00- Meal Companion 1:30- Let's Make Apple Pie Bites 3:00- Animal Antics	9:30- News Stories 17 10:00- Exercise 11:00- Easy Animal Trivia 12:00- Meal Companion 1:30- Connect 4 Challenge 3:00- BINGO	9:30- News Stories 18 10:00- Dance Fitness 11:00- Kerplunk Kraze 12:00- Meal Companion 2:00- Music by Mark H. 3:15- Craft- Pinecone Owls	9:30- News Stories 19 10:00- Exercise 11:00- Fly Swatter Tennis 12:00- Meal Companion 3:15- BINGO Oktoberfest Begins
	8:00- Catholic Mass on your TV (CH 33) 21 10:00- Hymn Sing- Along 12:00- Meal Companion 1:00- Team Basketball	9:30- News Stories 22 10:00- Exercise 11:00- Nails & Manicures 12:00- Meal Companion 1:30- Floral Arrangements 3:00- BINGO Rosh Hashanah Begins Autumn Begins	9:30- News Stories 23 10:00- Scenic Bus Trip 11:00- Chair Yoga 12:00- Meal Companion 1:30- Target Game 3:00- Retro Commercial Rewind	9:30- News Stories 24 10:00- Exercise 11:00- Simon Says 12:00- Meal Companion 2:00- Oktoberfest Party 3:15- BINGO	9:30- News Stories 25 10:00- Flowing Exercise 11:00- Fall A - Z 12:00- Meal Companion 1:30- Hand Print Apple Tree Art 3:00- Axe Throwing	9:30- News Stories 26 10:00- Communion with Deacon Bob 11:00- Exercise 12:00- Meal Companion 1:30- Would You Rather? 3:00- BINGO
	8:00- Catholic Mass on your TV (CH 33) 28 10:00- Hymn Sing- Along 12:00- Meal Companion 1:00- Jenga	9:30- News Stories 29 10:00- Table Talk 11:00- Nails & Manicures 12:00- Meal Companion 1:30- Cider and Apples & Americas Funniest Videos 3:00- BINGO	9:30- News Stories 30 10:00- Dance Fitness 11:00- Puzzle Time 12:00- Meal Companion 1:30- Let's Make Oreo Dump Cake 3:00- Dump Cake Social	<div>  </div>		

September 2025

Special Care Unit