	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00-Morning Exercise	10:00-Power Hour	9:30-Rosary	10:00-Morning Exercise	10:00-Catholic Mass	9:00-Chronicles 6 9:30-Morning Stretches
		11:00-Fun Puns	11:00-Card Bingo 2:00-Card Craft	10:00-Morning Exercise 11:00-Guess a Letter	11:00-More or Less	11:00-Morning Exercise 1:45-BINGO	11:00-Horseshoes 1:45-Who Knows
		<b>1:30- Music by Bob R.</b> 3:00-Stained Glass	3:00-Card Craft 3:00-Nails / Trivia	2:00-Caring Canines	2:00-Step-by-Step Drawing	2:45-Friday Film Buffs:	Geography Better?
		Painting		3:00-BINGO	3:00-Jeopardy	Chorus Line (1985)	2:30-Saturday Matinee:
		- ·····	Origins of Christmas		2.00 000pm	(1900)	Some Like it Hot (1959)
		9:00-Chronicles <b>8</b>					9:00-Chronicles 13
	Your TV (CH 33)	10:00-Morning Exercise	10:00-Power Hour	9:30-Rosary	10:00-Morning Exercise	10:00-BINGO	9:30-Morning Stretches
	9:00-Chronicles	11:00-Pipe Cleaner	11:00-Holiday Mad Libs	10:00-Morning Exercise	11:00-Craft- Clay	11:00-Morning Exercise	11:00-Talking Points
	1	Snowflakes	2:00-Snow Globe Craft	11:00-Team Jenga	Ornaments	1:45-Music by Bob B.	1:45-Dominoes
	•	2:00-Festive Word Mining		2:00-Pittsford Church	2:00-Holiday Sing-Along	2:45-Friday Film Buffs:	2:30-Saturday Matinee:
	2:00-BINGO	٠		3:00-BINGO	3:00-Connect Four	One Special Night (1999)	How the Grinch Stole
		Festival of Chanukah	Known That!	6:00-Light Bus Drive			Christmas (2000)
	8:00-Catholic Mass on 14						9:00-Chronicles <b>20</b>
	Your TV (CH 33)	10:00-Morning Exercise	10:00-Power Hour	9:30-Rosary	10:00-Morning Exercise	10:00-BINGO	9:30-Morning Stretches
	9:00-Chronicles	11:00-Paint Ornaments	11:00-Let's Play 21	10:00-Morning Exercise	11:00-Holiday Floral	11:00-Morning Exercise	11:00-Darts
	11:00-Inspirational	1:30-RHS Orchestra	2:00-Old Wives Tales	11:00-Resident Council	Arrangements	1:30-Music by Mark H.	1:45-Scrabble
	_	, .	3:00- Nails / Trivia	1:45-BINGO	2:00-Bananagrams	2:45-Friday Film Buffs:	2:30-Saturday Matinee:
	2:00-BINGO		6:00-Evening BINGO	3:00-Southside Carolers	3:00-Bingo Bucks	Miracle on 34 <sup>th</sup> St (1947)	Winter Solstice After Dark
	Hanukkah Begins	Happy Birthday Bob G.	Happy Birthday Jean H.		Bonanza	Happy Birthday Luise D.	(2004)
	8:00-Catholic Mass on <b>21</b>			9:00-Chronicles <b>24</b>			9:00-Chronicles <b>27</b>
	Your TV (CH 33)	10:00-Morning Exercise	10:00-Power Hour	9:30-Rosary	11:00-Festive Morning	10:00-Communion	9:30- Morning Stretches
	9:00-Chronicles	11:00-Travelogue:	11:00-What am I?	10:00-Morning Exercise	Exercise	11:00-Morning Exercise	11:00-Mini Basketball
	*	Christmas in Mexico	2:00-Holiday Edition-	11:00-BINGO(Big Bucks)		1:45-BINGO	1:45-Family Feud
	<u> </u>	$\varepsilon$	Name That Carol	2:00-Holiday Hangman	3:00-Movie: It's a	2:45-Friday Film Buffs:	2:30-Saturday Matinee:
	2:00-BINGO	· ·	3:00-Nails & Manicures	3:00-Holiday Party	Wonderful Life (1946)	Geronimo (1962)	Red Dog (2012)
	Winter Begins	Celebration	3:00-Large Crossword	6:00-Let's Play Rummy	Christmas	Boxing Day (Canada) Kwanzaa Begins	
				9:00-Chronicles <b>31</b>		4	
	Your TV (CH 33)	10:00-Morning Exercise	10:00-Power Hour	9:30-Rosary			-000
	9:00-Chronicles	11:00-UNO	11:00-The Trip Game	10:00-Morning Exercise		embei	~シロンち
	1		2:00-Snowman Painting	11:00-New Year			
	· ·	11	3:00-Nails & Manicures	Scavenger Hunt		1040	TT •
2	2:00-BINGO	3:00-Creation of The Rose	3:00-Dice Bowling Game	2:00-NYE Toast	Trac	ditional Care	Unit
A		Parade (Part 1&2)		3:00-BINGO New Year's Eve			

The Meadows at East Mountain, 240 Gables Place, Rutland, VT 05701

\*All Activities & Locations Subject to Change