November 2026

Special Care Unit

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:00-Catholic Mass on Your TV (33) 10:00-Inspirational Reading/Daily Devotions 1:00-Darts Around the World Daylight Saving Time Ends	**2** 9:30-News Stories 10:00-Morning Exercise 11:00-Nails & Manicures 12:00-Meal Companion 2:00-Let's Play Cards 3:00-BINGO	**3** 9:30-News Stories 10:00-Chair Yoga 11:00-Fall Watercolors 12:00-Meal Companion **1:30-Music By Alan H.** 3:00-Word Mining	**4** 9:30-News Stories 10:00-Morning Exercise 11:00-Noodle Floor Hockey 12:00-Meal Companion **2:00-Caring Canines** 3:00-BINGO	**5** 9:30-News Stories 10:00-80s Zumba 11:00-Quarter Game 12:00-Meal Companion 2:00-Water Color Art 3:00-Frank Sinatra & Elvis Sing-Along	**6** 9:30-News Stories **10:00-Catholic Mass** 11:00-Morning Exercise 12:00-Meal Companion 2:00-Guess the Sound 3:00-BINGO	**7** 9:00-News Stories 10:00-Morning Stretches 12:00-Meal Companion 1:00-Fly Swatter Tennis
8 8:00-Catholic Mass on Your TV (33) 10:00-Religious Faith & Artistic Expression 1:00-Football Challenge Diwali (Hindi)	**9** 9:30-News Stories 10:00-Morning Exercise 11:00-Nails & Manicures 12:00-Meal Companion **1:30-Music by Bob R.** 3:00-BINGO	**10** 9:30-News Stories 10:00-70s Zumba 11:00-LCR Game 12:00-Meal Companion 2:00-Coffee and Corn Leaf Art 3:00-Tangrams	**11** 9:30-News Stories 10:00-Morning Exercise 11:00-Shuffleboard 12:00-Meal Companion **2:00-Pittsford Church** **3:00-Veterans Day Social** Veterans Day Remembrance Day (Canada)	**12** 9:30-News Stories 10:00-Parachute Exercise 11:00-Mix and Match 12:00-Meal Companion 2:00-Fall Hangman 3:00-Don't Touch the Floor Balloon Challenge	**13** 9:30-News Stories 10:00-Morning Exercise 11:00-Dominos 12:00-Meal Companion 2:00-Leaf Game 3:00-BINGO	**14** 9:00-News Stories 10:00-Morning Stretches 12:00-Meal Companion 1:00-Can Toss
15 8:00-Catholic Mass on Your TV (33) 10:00-Inspirational Reading/Daily Devotions 1:00-Lucky 7s Dice Game	**16** 9:30-News Stories 10:00-Morning Exercise 11:00-Nails & Manicures 12:00-Meal Companion 2:00-Roll- A- Cow 3:00-BINGO	**17** 9:30-News Stories 10:00-Parachute Exercise 11:00-Plinko 12:00-Meal Companion **1:00-Music By Eric G.** **3:00-"Sips of the Season" Cider Tasting**	**18** 9:30-News Stories 10:00-Morning Exercise 11:00-Alphabet Soup 12:00-Meal Companion 2:00-Puzzle Time 3:00-BINGO	**19** 9:30-News Stories 10:00-Chair Yoga 11:00-Music Therapy 12:00-Meal Companion 2:00-Loaded Apple Bar **3:00-Grace Congregational Church**	**20** 9:30-News Stories 10:00-Morning Exercise 11:00-Jenga 12:00-Meal Companion **2:00-Music By Bob B.** 3:00-BINGO	**21** 9:00-News Stories 10:00-Morning Stretches 12:00-Meal Companion 1:00-Mini Pumpkin Golf
22 8:00-Catholic Mass on Your TV (33) 10:00-Religious Faith & Artistic Expression 1:00-What's in the Bag?	**23** 9:30-News Stories 10:00-Morning Exercise 11:00-Nails & Manicures 12:00-Meal Companion 2:00-BINGO **3:00-Monthly Birthday Celebration**	**24** 9:30-News Stories 10:00-Chair Yoga 11:00-Fall Scarecrow 12:00-Meal Companion **2:00-The Meadows Players Presents…"The Wizard of Oz"**	**25** 9:30-News Stories 10:00-Morning Exercise 11:00-What I'm Thankful For 12:00-Meal Companion 2:00-Tissue Paper Acorns 3:00-BINGO	**26** **9:00-Thanksgiving Day Parade Social** 10:00-Cornucopia Art 1:00-Turkey Bean Bag Toss Thanksgiving Day (U.S.)	**27** 9:30-News Stories **10:00-Communion** 11:00-Morning Exercise 12:00-Meal Companion **1:30-Music by Mark H.** 3:00-BINGO	**28** 9:00-News Stories 10:00-Morning Stretches 12:00-Meal Companion 1:00-Lasso the Cow
29 8:00-Catholic Mass on Your TV (33) 10:00-Inspirational Reading/Daily Devotions 1:00-Movie: Rescue from Gilligan's Island	**30** 9:30-News Stories 10:00-Morning Exercise 11:00-Nails & Manicures 12:00-Meal Companion 2:00-Dice Board Game 3:00-BINGO					

Happy Birthday!
David C. 11/11
Joan C. 11/27
Helen S. 11/25